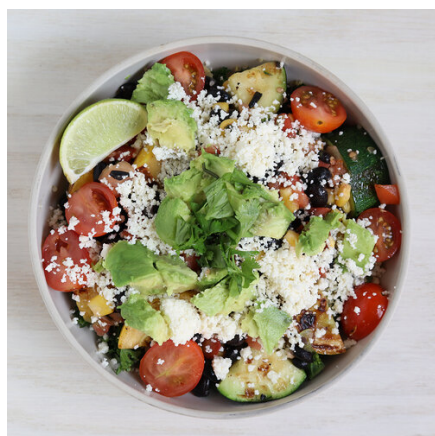


## B.GOOD Summer Menu 2022

### Harvest Bowls



#### Spicy Avocado & Lime

marinated kale, quinoa, avocado, sautéed zucchini, black bean & corn salsa, grape tomatoes, queso fresco, lime, cilantro, chipotle vinaigrette (cal: 620)

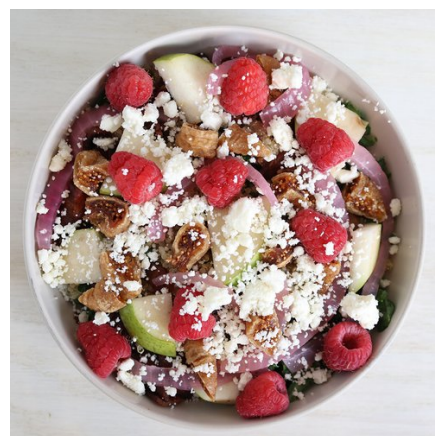
Vegetarian, Gluten Free



#### Harvest Kale

marinated kale, quinoa, bacon, brussels sprouts, roasted acorn squash (seasonal), pecans, golden raisins, parmesan (cal: 470) with balsamic vinaigrette (cal: 138)

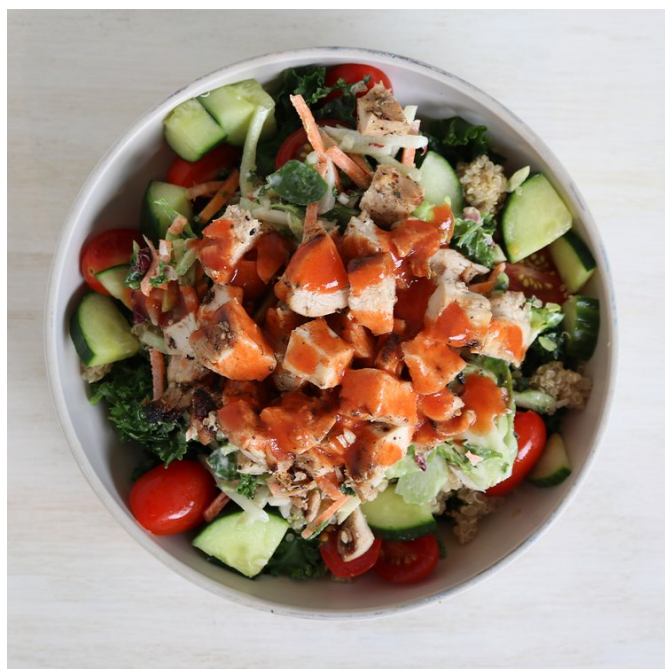
Gluten Free



#### Fig & Berry

marinated kale, quinoa, dried figs, raspberries, bacon, pear (seasonal), pickled red onions, crumbled feta cheese (cal: 377) with red wine vinaigrette (cal: 330)

Gluten Free





## The Tuscan

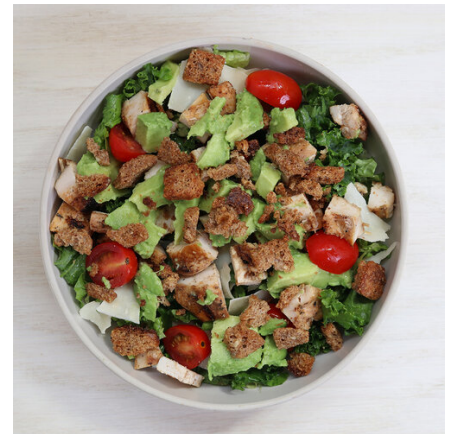
marinated kale, quinoa, eggplant meatballs, sautéed zucchini, grape tomatoes, parmesan, marinara, pine nut pesto (cal: 645)

Vegetarian

## Buffalo Bowl

choice of grilled chicken, crispy chicken, or buffalo cauliflower bites, marinated kale, quinoa, cucumbers, grape tomatoes, creamy ranch slaw, buffalo sauce (cal: 462 - 592 ), served with ranch dressing (cal: 306)

## Gathered Greens



## Southwest Chicken

GOOD greens, chicken, black bean & corn salsa, avocado, grape tomatoes, toasted corn, chipotle purée, balsamic vinaigrette (cal: 740)

Gluten Free

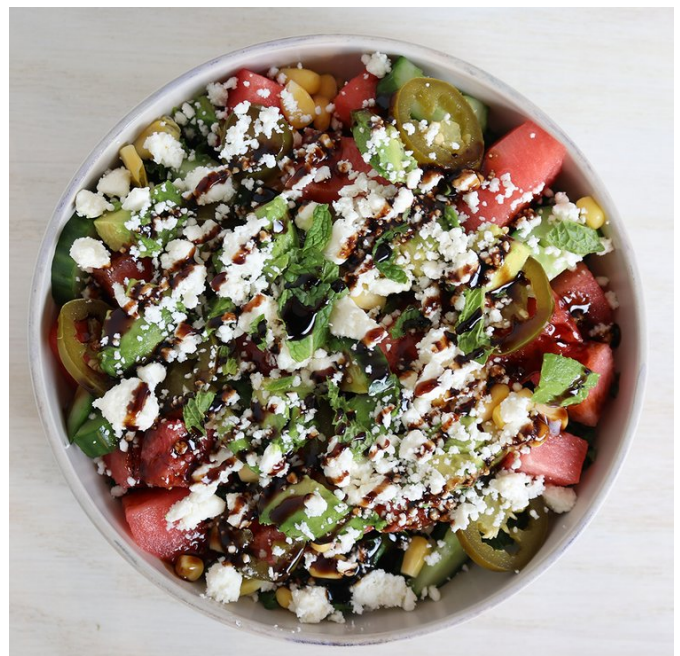
## Summer Cobb - Seasonal

romaine, chicken, bacon, hard boiled egg\*, avocado, cucumbers, corn, grape tomatoes (cal: 543) with blue cheese dressing (cal: 335)

Gluten Free

## Kale Chicken Caesar

marinated kale & romaine blend, chicken, avocado, grape tomatoes, parmesan, crumbled croutons, creamy caesar dressing (cal: 810)



---

## Vegan Taco Salad

Beyond plant-based spiced ground "beef", romaine, black bean & corn salsa, pickled onions, cilantro, avocado, cucumber, pickled jalapeños, plantain chips, umami vinaigrette (cal: 660)

Vegan, Gluten Free

---

## Watermelon Feta - *Seasonal*

marinated kale, watermelon, crumbled feta cheese, cucumber, corn, avocado, pickled jalapenos, mint, balsamic drizzle (cal: 393) with red wine vinaigrette (cal: 330)

Gluten Free

## Craft Burgers



### The Farmhouse

beef\*, bacon, cheddar cheese, crispy shallots, caramelized onions, B.GOOD sauce (cal: 720)



### West Side

beef\*, avocado, salsa, cilantro, chipotle purée (cal: 550)



### The Freebird

ground turkey patty, bacon, cheddar, lettuce, tomato, pickled onion, garlic aioli (cal: 785)





Power Play

beef\*, cheddar, bacon, egg\*, avocado  
(cal: 640)



Chipotle Veggie

black bean veggie patty, avocado,  
pickled red onions, tomato, chipotle  
puree (cal: 439)

Vegan



The Beyond Burger

The Beyond Burger®, lettuce, tomato,  
pickles, B.GOOD sauce (cal: 530)



The Classic

beef\*, lettuce, tomato, pickles, B.GOOD  
sauce  
(cal: 590)

## Signature Sandwiches



Grilled Chicken Pesto



Chipotle Bacon Chicken



Buffalo Ranch

chicken, mozzarella, roasted red pepper, tomato, frisee, pesto, on toasted ciabatta (cal: 840)

chicken, cheddar cheese, bacon, lettuce, tomato, chipotle aioli (cal: 610)

choice of grilled or crispy chicken, creamy ranch slaw, pickles, buffalo ranch dressing, buffalo sauce on a brioche bun (cal: 516 - 579)



### Crispy Chicken

crispy breaded chicken tenders, lettuce, tomato, B.GOOD sauce (cal: 798)



### Kale Chicken Caesar Wrap

marinated kale & romaine blend, chicken, avocado, grape tomatoes, parmesan, crumbled croutons, caesar vinaigrette, on a whole wheat wrap (cal: 810)



### Southwest Chicken Wrap

GOOD greens, chicken, black bean & corn salsa, avocado, grape tomatoes, toasted corn, chipotle purée, chipotle vinaigrette, on a whole wheat wrap (cal: 990)

## Market Sides



## Classic Fries

oven finished and seasoned (cal: 380)

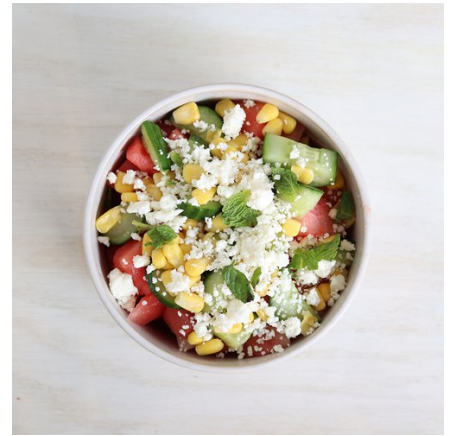
Vegan, Gluten Free



## Sweet Potato Fries

oven finished and lightly salted (cal: 330)

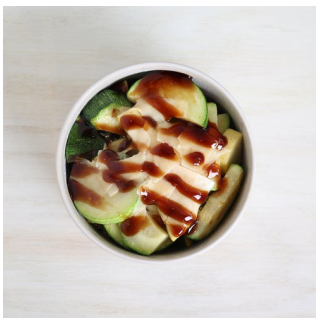
Vegan, Gluten Free



## Watermelon Cup - Seasonal

watermelon chunks, cucumbers, corn, crumbled feta cheese, mint (cal: 154)

Vegetarian, Gluten Free



## Sautéed Veggies

sautéed zucchini, parmesan cheese, balsamic drizzle (cal: 118)

Vegetarian, Gluten Free



## Buffalo Cauliflower Bites

oven finished (cal: 307), served with a side of blue cheese (cal: 335)

Vegetarian



## Eggplant Meatballs

5 eggplant meatballs, marinara, parmesan (cal: 360)

Vegetarian



## Crispy Chicken Tenders

choice of 3 or 6 pieces; oven finished, choice of dipping sauce (cal: 240 - 480)

## Smoothies & Shakes



### Kale Crush Smoothie

kale, pear (seasonal), pineapple,  
banana, pineapple juice (cal: 260)

Vegan, Gluten Free



### The Matchacado

matcha, avocado, banana, coconut  
water, agave (cal: 448)

Vegan, Gluten Free



### Berry Smoothie

strawberry, blueberry, banana, agave,  
pineapple juice, açai (cal: 340)

Vegan, Gluten Free



### Watermelon Chill - *Seasonal*

watermelon, strawberries, lime juice,  
mint, blended with ice (cal:187)

Vegan, Gluten Free





## Vanilla Shake

vanilla ice cream, skim milk (cal: 570)

Vegetarian, Gluten Free



## Chocolate Shake

vanilla ice cream, chocolate, skim milk (cal: 600)

Vegetarian, Gluten Free



## Strawberry Shake

vanilla ice cream, strawberries, skim milk (cal: 580)

Vegetarian, Gluten Free

## Kids Meals

*Available at Select Locations. Served with fries, applesauce, and a choice of milk or apple juice.*



## Kids Cheeseburger Meal

beef, cheddar cheese, lettuce, tomato  
(cal: 490)



## Kids Burger Meal

beef, lettuce, tomato (cal: 400)



## Kids Grilled Cheese Meal

country bread, cheddar cheese (cal: 380)



## Kids Chicken Tenders Meal

3-pieces (cal: 240) served with BBQ sauce (cal: 60)

Vegetarian



